COVID19 impact upon BFD Volunteers

Please complete our brief survey. It only takes 3-5 minutes.

Also, some resources are here:

- how to make a face covering for off-duty situations
- a message from a fellow EMS responder who is also a clinical psychologist
- Monroe County First Responder Peer Support Network or 585-XXX-XXXX.
- National Suicide Prevention Lifeline is 1-800-273-8255
- BFD's free and confidential Employee Assistance Program 585-XXX-XXXX
- BFD Members Chaplain Tom XXX, Mark XXX, Anthony XXX have offered to help with errands, groceries, etc.

* 1. How worried are you about the impact of coronavirus affecting (or having already affected) *you* personally (physical, mental, health, financial, etc.)

<table>
<thead>
<tr>
<th>little-to-no worry</th>
<th>very worried</th>
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* 2. How worried are you about the impact of coronavirus affecting (or having already affected) *your loved ones* (physical, mental, health, financial, etc.)

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3. How have your requirements and responsibilities (outside of BFD) changed as a result of coronavirus?
4. Tell us how coronavirus is impacting your participation with BFD (positive, negative, etc.)

5. Active Members Only: How much more or less *time* do you have available to respond to firecalls during the outbreak?
- [ ] Much more time available now than usual
- [ ] More time available now than usual
- [ ] About the same time availability now as before the virus outbreak
- [ ] Less time available now than usual
- [ ] Much less time available now than usual
- [ ] No time available now

Comment

6. Active Members Only: Thinking about your potential exposure to the virus arising from you responding to firecalls, how much more or less *discerning* are you about what you choose to respond to?
- [ ] Much more discerning
- [ ] More discerning
- [ ] No difference now vs. prior to virus outbreak
- [ ] Less discerning

Other (please specify)

7. Do you have any suggestions for BFD leadership to consider during the pandemic we haven't thought of yet?
* 8. Overall, what is your stress level now vs. before coronavirus?
   - Stressed-out
   - Almost stressed-out
   - Increased stress now but within reason
   - About the same stress now and I'm ok
   - Less stressed now

   Comment

9. After thinking about these topics, what are the most important issues to you about coronavirus, and, are there any ways BFD can help?

10. Finally, please share with us any bright spots, joys, or good things you've experienced despite what we are all going through.